

# Double Gold to Alex O Neill and Tony Odubuto in Cork.

The Munster Juvenile U/9, U/10, U/11 2 x 2 team events plus boys and girls U/12 and U/13 Track and Field Championships held over two days at the Cork I. T. Sports Complex and Clare athletes came away with six gold, two silver and four bronze and two Clare athletes taking double gold Alex O Neill St Cronans in the girls U/13's winning the 600m, Long Jump and a silver medal in the High Jump, Tony Odubuto Ennis Track in the boys U/13's double gold in the 80m and 80metres Hurdles.

The 2 x 2 Team Event Ballthrow girls U/9's gold to Grace Carmody and Ciara Meehan Marian.

The Star of the Show over two days was Alex O Neill St Cronans in the girls U/13's 600metres where she qualified easily in her semi final and she showed all her speed in the final and after 200metres she was in second spot and heading out on the final lap and with 300metres to go Alex O Neill move up a gear and opened up a few metres and as she rounded the home straight she had this race all wrapped up and crossed the finishing line with a very fast time of (1min . 42 . 02secs). Day two in the long jump and over six rounds she captured another Gold medal with a leap of (4 . 49metres) and once again the High Jump came down to two athletes Vicky Cusack Liscarroll and Alex O Neill St Cronans with Alex O Neill taking the Silver Medal and setting a personal best of (1 . 43metres) with the gold going to Vicky Cusack with a championship best of (1 . 45metres).

Tony Odubote Ennis Track competing in the boys U/13's over two days in Cork I. T. and on Sunday morning he came through his heats in flying colours in the 60metres Hurdles and in the final he took the gold medal on the line with a time of (10 . 22secs) and in the 80metres with almost fifty athletes taking part between first round semi finals and in the Final going one better from last year and taking the gold medal in (10 . 79secs) with his clubmate Farouk Sobayo Ennis Track fifth in (11 . 17secs)

The Boys U/13's Javelin Caoilfhionn O Dea Kilmurphy Ibrickane/North Clare produced three outstanding first rounds of throwing to get into the top eight for a throw off and in his final three throws he produced a throw of (20 . 40metres) to take a Silver Medal. Caoilfhionn O Dea once again made the long trek to Cork and this time in the 600metres he had to produce a very big race to take the bronze medal in (1min . 41 . 63secs).

The Girls U/9's 2 x 2 team Marian A. C. of Grace Carmody and Ciara Meehan in the 300metres where they finish 4<sup>th</sup> and in the Ballthrow Ciara Meehan throwing (16 . 37metres), Grace Carmody (13 . 30metres) with a total of (29 . 67metres) and taking the Gold Medal.

The Boys U/10's 2 x 2 Team the Kilmihil pair of Brian Mc Namara and Padraig Brown were competing in the Ballthrow and Brian Mc Namara produced a throw of (27 . 21metres) with Padraig Brown throwing (24 . 50metres) and a total of (51 . 71metres) and taking a Munster Bronze Medal.

Kilmihil pair in the girls U/10's 500metres Shauna O Gorman running (1min . 40 . 23secs) and Laura Quinlivan (1min . 46 . 95secs) for a total of (4mins . 47 . 18secs) and taking the Bronze medals.

The Boys U/10's 2 x 2 Team Long Jump Ennis Track taking a silver medal with Sultan Akinwale (3 . 28m) and Jack O Connor (3 . 73m) for a total of (7 . 01metres).

The U/13's 4 x 100metres Relay Ennis Track Taking the Gold Medal with Tony Odubuto, Gabreil Kehinda, Farouk Sobayo, and Sean Dolan.

## Results.

### Girls

#### U/9's 2 x 2 Team

##### Ballthrow

1 Marian (Grace Carmody (13 . 30m) Ciara Meehan (16 . 37m) = 29 . 67m.

##### 300m.

4 Marian (Grace Carmody 59 . 60secs, Ciara Meehan 56 . 35secs) = 1min . 55. 95secs.

#### U/10's 2 x 2 Team.

##### 500m.

3 Kilmihil (Shauna O Gorman 1min . 40 . 23secs, Laura Quinlivan 1min . 46 . 95secs) = 4mins . 47 . 18secs.

### **U/13's**

**600m.**

1 Alex O Neill St Cronans (1min . 52 . 02secs)

**Long Jump.**

1 Alex O Neill St Cronans (4 . 49m)

**High Jump.**

1 Vicky Cusack Liscarroll (1 . 45m) Championship Best

2 Alex O Neill St Cronans (1 . 43m) Personal Best

### **Boys.**

#### **U/10 2 x 2 Team**

**Ballthrow**

3 Kilmihil (Brian Mc Namara 27 . 70m, Pdraig Brown 24 . 31m) = 52 . 01m

**4 x 100m Relay**

5 Ennis Track (Sultan Akinwale, Jack O Connor, Mark Hanrahan, Matthew Power)

**Long Jump.**

2 Ennis Track (Sultan Akinwale 3 . 28m, Jack O Connor 3 . 73m) = 7 . 01m

### **U/12's**

**60m.**

4 Gabreil Kehinda Ennis Track (8 . 74secs)

**4 x 100m Relay**

4 Ennis Track (Chibikeim Okoye, Lateef Akinwale, James Mc Guire, Gabreil Kehinda)

### **U/13's**

**80m**

1 Tony Odubuto Ennis Track (10 . 79secs)

5 Farouk Sobayo Ennis Track (11 . 17secs)

**60m Hurdles**

1 Tony Odubuto Ennis Track (10 . 22secs)

**600m.**

3 Caoilfhionn O Dea Kilmurry Ibrickane/North Clare (1min . 41 . 63secs)

**Javelin**

3 Caoilfhionn O Dea Kilmurry Ibrickane/North Clare (20 . 40m)

**4 x 100m Relay**

1 Ennis Track (Tony Odubuto, Farouk Sobayo, Sean Dolan, Gabreil Kehinda)