

Five Clare athletes take Gold at Indoor Championships in Nenagh.

The Munster Juvenile U/14's to U/19's Indoor Track and Field Championships were held at the Nenagh Indoor Arena on Saturday and Sunday last and Clare athletes started off (Day 1) in fine winning style where they brought home one gold, two silver, and five bronze medals with Laura Egan Kilmihil taking gold in the girls U/18's 800metres and Derbhile Ryan from Clonlara and Nenagh A. C. taking gold in the U/16's Long Jump.

(Day 2) six gold medal winners Cormac Lynch Marian taking double gold in the boys U/19's 60m and 200metres, Anghared Loughnane Marian gold in the girls U/14's 1000metres Walk, also in boys U/14's 800metres gold to Eoin Looney Kilmurry Ibrickane/North Clare, Derbhile Ryan takes her second gold of the week-end this time in the Shot Putt.

There was another big win for Laura Egan Kilmihil in the U/18's 1500metres.

The Munster Juvenile U/14's to U/19's held over two days and Clare athletes taking home eight gold, eight silver, eleven bronze, and the 800metres heats were first on the track on (day 1) and the girls U/18's two Clare athletes made it through to the finals Laura Egan Kilmihil and Eimear Hillery Kilmurry Ibrickane/North Clare and the final Laura Egan was always in contention along with Emer Hillery with three of the four laps complete and that final lap Laura Egan sprinted clear over the final 50metres to take the gold medal and Emer Hillery who had finished fourth over the last two years captured the silver medal with a mighty sprint finish and in the High Jump Emer Hillery captured the Bronze Medal and on Day two Laura Egan produced another fine piece of front running in the 1500metres to take another gold medal with a time of (5mins . 01 . 07secs) and a very good third going to Emer Hillery Kilmurry Ibrickane/North Clare and just one hour later on day two Emer Hillery went to the final of the 300metres and coming down the home straight in fourth position she produced a massive drive for the line to snatch the bronze medal from the Leevale athlete with a time of (45 . 32secs).

The Girls U/14's 800metres three Clare girls making the finals Aishling Kelly St Johns, Laura Egan Kilmihil, Sinead Hogan Kilmurry Ibrickane/North Clare and all eight athletes going into the final lap were in contention with Aishling Kelly having to work hard on the final bend to take a bronze medal with Laura Egan finishing 5th and Sinead Hogan 6th.

Angharad Loughnane Marian competing in the U/14's 1000metres walk and over five laps she went into an early lead to dominate this event and win comfortably and she also came away with a bronze medal in the Shot Putt with a throw of (11 . 52metres).

The U/16's Girls there was a double gold medal for Derbhile Ryan Clonlara and Nenagh A. C. in the Long Jump with a leap of (4 . 96metres) and in the Shot Putt and setting a personal best throw of (11 . 88metres) and the final event on the Track the High Jump Derbhile Ryan came away with the silver medal with a leap of (1 . 55metres) and Rachel Clancy St Johns getting back to her very best took the bronze medal with a leap of (1 . 50metres).

Muireann O Shea Marian and Siobhan Nestor Kilmurry Ibrickane/North Clare getting through to the finals of the girls U/17's 800metres and both girls in the top three and two laps remaining and Muireann O Shea powering her way home to take a silver medal in (2mins . 29 . 92secs) and Siobhan Nestor was just outsprinted on her way to the line and finished 4th and in the High Jump Jessica O Connor Marian taking a bronze medal with a leap of (1 . 40metres) with Nollaigh Blake St Johns 4th in (1 . 35metres). Day Two Siobhan Nestor Kilmurry Ibrickane/North Clare made it through to the 1500metres finals and over seven laps he had to work hard over the final lap to capture the bronze medal from the fast finishing Clonmel girl with a time of (5mins . 27 . 93secs).

The Girls U/19's 1500metres Walk World Youths Champion Katie Veale West Waterford produced a world class piece of walking to take the gold medal with a time of (6mins . 12 . 20secs) and Claudia Loughnane Marian came away with a bronze medal with a time of (7mins . 45 . 94secs).

The Boys U/14's 800metres on day two three Clare athletes coming through their heats Eoin Looney, Patrick O Rourke both Kilmurry Ibrickane/North Clare and Jamie Roche Ennis Track and in the final Eoin Looney took control on the first lap with the Youghal athlete taking over on lap two of the four laps

and Patrick O Rourke along with Jamie Roche were fifth and sixth position and two laps remaining and when the bell went for the final lap Eoin Looney went to front and moved away from the rest of the to take the gold medal in (2mins . 20 . 29secs) and Patrick O Rourke coming from fourth spot over the final 150metres to take the silver medal in (2mins . 24 . 19secs) and Jamie Roche finishing 6th.

The Boys U/14's Long Jump Cathal O Brien Ennis Track came through a very big field of competitors and making the final eight on a jump off he came with a leap of (4 . 63metres) on his final jump to take the bronze medal.

The boys U/16's Kevin Mulcaire Ennis Track running a very big race with two laps complete he was in control up front and over the final lap he was outsprinted by two and had to settle for the bronze medal with a time of (4mins . 33 . 16secs).

Ronan Barry Marian produced some fine jumping in the boys U/16's to take the silver medal with a leap of (1 . 55metres) and on day two in the in the 200metres he produced speed and strength to take the silver medal in (25 . 17secs)

The Boys U/17's on day two Jacob Loughnane Marian was always in contention in the 800metres final and over four laps he came home a good second place in (2mins . 20 . 83secs) and in the boys U/18's 800metres Ian Slobody Kilmihil who had a fine cross country season this time he turned to the 800metres final and missed out in good training due to exams he was always working hard to hold onto to the leader and had to settle for the silver medal with a time of (2mins . 05 . 54secs).

Cormac Lynch Marian running in the boys U/19's 60metres and having to come through a first round and semi final to take the gold medal in the 60metres final with a time of (7 . 20secs) and he went onto the 200metres where he beat a highly fancied Ben Kiely of Ferrybank with a time of (23 . 38secs).

Results;

Girls

U/14's

800m

- 3 Aishling Kelly St Johns (2mins . 31 . 24secs)
- 5 Sharon Egan Kilmihil (2mins . 38 . 49secs)
- 6 Sinead Hogan Kilmurry Ibrickane/North Clare (2mins . 42 . 58secs)

1000m Walk.

- 1 Angharad Loughnane Marian (5mins . 15 . 87secs)

Shot Putt

- 3 Angharad Loughnane Marian (11 . 52metres)

U/15's

800m

- 6 Clíodhna Blake St Johns (2mins . 41 . 45secs)
- 7 Aine Rouine Kilmurry Ibrickane/North Clare (2mins . 42 . 33secs)

High Jump

- 4 Clíodhna Blake St Johns (1 . 30m)

60metres Hurdles

- 4 Clíodhna Blake St Johns (10 . 42secs)
- 7 Lucy Cotgreave Marian (11 . 24secs)

U/16's

Long Jump

- 1 Derbhile Ryan Nenagh (4 . 96metres)

Shot Putt.

- 1 Derbhile Ryan Nenagh (11 . 88metres)

High Jump

- 2 Derbhile Ryan Nenagh (1 . 55m)
- 3 Rachel Clancy St Johns (1 . 50m)

U/17's

800m.

- 2 Muireann O Shea Marian (2mins . 29 . 92secs)
- 4 Siobhan Nestor Kilmurry Ibrickane/North Clare (2mins . 32 . 82secs)

1500m

- 3 Siobhan Nestor Kilmurry Ibrickane/North Clare (5mins . 27 . 93secs)
- 7 Nollaigh Blake St Johns (5mins . 56 . 90secs)

High Jump.

- 3 Jessica O Connor Marian (1 . 40metres)
- 4 Nollaigh Blake St Johns (1 . 35m)

U/18's

300m.

- 3 Emer Hillery Kilmurry Ibrickane/North Clare (45 . 32secs)

800m.

- 1 Laura Egan Kilmihil (2mins . 22 . 53secs)
- 2 Eimear Hillery Kilmurry Ibrickane/North Clare (2mins . 33 . 43secs)

1500m.

- 1 Laura Egan Kilmihil (5mins . 01 . 07secs)
- 3 Eimear Hillery Kilmurry Ibrickane/North Clare (5mins . 33 . 81secs)

High Jump

- 3 Emer Hillery Kilmurry Ibrickane/North Clare (1 . 35m)

U/19's

1500m Walk.

- 1 Katie Veale West Waterford (6mins . 12 . 20secs)
- 3 Claudia Loughnane Marian (7mins . 45 . 94secs),

Boys

U/14's

800m.

- 1 Eoin Looney Kilmurry Ibrickane/North Clare (2mins . 20 . 29secs)
- 2 Patrick O Rourke Kilmurry Ibrickane/North Clare (2mins . 24 . 19secs)
- 6 Jamie Roche Ennis Track (2mins . 27 . 62secs)

Long Jump

- 3 Cathal O Brien Ennis Track (4 . 63m)

U/15's

800m.

- 4 Mark Fennell St Marys (2mins . 22 . 03secs)

U/16's

200m

- 2 Ronan Barry Marian (25 . 17secs)

High Jump.

- 2 Ronan Barry Marian (1 . 55metres)

1500m.

- 3 Kevin Mulcaire Ennis Track (4mins . 33 . 16secs)

U/17's.

800m.

- 2 Jacob Loughnane Marian (2mins . 20 . 83secs)

U/18's.

800m.

- 2 Ian Slobody Kilmihil (2mins . 05 . 54secs)

1500m.

- 4 Karl Fitzmaurice Shannon (4mins . 36 . 78secs)
- 9 Cillian Blake St Johns (5mins . 19 . 46secs)

U/19's

60m.

1 Cormac Lynch Marian (7 . 20secs)

200m

1 Cormac Lynch Marian (23 . 38secs)