

Clare A.A.I. Track & Field Championships **Day One** 12/05/2012

Order of Events

Under 15	Girls	1.5k Walk	Under 8	Girls	200m
Under 17	Girls	1.5k Walk	Under 8	Boys	200m
Under 19	Girls	1.5k Walk	Under 10	Girls	200m
Under 15	Boys	1.5k Walk	Under 10	Boys	200m
Under 17	Boys	1.5k Walk	Under 11	Girls	300m
Under 19	Boys	1.5k Walk	Under 11	Boys	300m
Under 17	Girls	1500m	Under 17	Girls	400m
Under 18	Girls	1500m	Under 17	Boys	400m
Under 19	Girls	1500m	Under 18	Girls	400m
Under 17	Boys	1500m	Under 18	Boys	400m
Under 18	Boys	1500m	Under 19	Girls	400m
Under 19	Boys	1500m	Under 19	Boys	400m

**In all Sprints Heats will be held when required
And Finals will follow in the same order.**

Under 8	Girls	60m	Under 13	Girls	600m
Under 8	Boys	60m	Under 13	Boys	600m
Under 9	Girls	60m	Under 12	Girls	800m
Under 9	Boys	60m	Under 12	Boys	800m
Under 10	Girls	60m	Under 14	Girls	800m
Under 10	Boys	60m	Under 14	Boys	800m
Under 13	Girls	100m	Under 15	Girls	800m
Under 13	Boys	100m	Under 15	Boys	800m
Under 14	Girls	100m	Under 16	Girls	800m
Under 14	Boys	100m	Under 16	Boys	800m
Under 11	Girls	100m	Under 9	Girls	Relay
Under 11	Boys	100m	Under 9	Boys	Relay
Under 12	Girls	100m	Under 11	Girls	Relay
Under 12	Boys	100m	Under 11	Boys	Relay
Under 15	Girls	100m	Under 13	Girls	Relay
Under 15	Boys	100m	Under 13	Boys	Relay
Under 16	Girls	100m	Under 15	Girls	Relay
Under 16	Boys	100m	Under 15	Boys	Relay
Under 17	Girls	100m	Under 17	Girls	Relay
Under 17	Boys	100m	Under 17	Boys	Relay
Under 18	Girls	100m	Under 19	Girls	Relay
Under 18	Boys	100m	Under 19	Boys	Relay
Under 19	Girls	100m			
Under 19	Boys	100m			

Sprint Finals

Short Tea Break.

Clubs Please note all competitors taking part in the walks must be attempting to Walk in the proper technique maintaining contact and locking knees otherwise they will Be disqualified and you must wear racing flats .

Clare A.A.I. Track & Field Championships **Day Two** 13/05/2012

Order of Track Events

Under 13	GIRLS	60m hurdles
Under 13	Boys	60m hurdles
Under 14	girls	75m hurdles
Under 14	BOYS	75m hurdles
Under 15	girls	80m hurdles
Under 15	BOYS	80m hurdles
Under 16	girls	80m hurdles
Under 16	BOYS	80m hurdles
Under 14	Girls	1.5k Walk
Under 16	Girls	1.5k Walk
Under 18	Girls	1.5k Walk
Under 14	Boys	1.5k Walk
Under 16	Boys	1.5k Walk
Under 18	Boys	1.5k Walk
Under 14	Girls	1500m
Under 15	Girls	1500m
Under 16	Girls	1500m
Under 14	Boys	1500m
Under 15	Boys	1500m
Under 16	Boys	1500m

**In all Sprints Heats will be held when required
And Finals will follow in the same order.**

Under 8	Girls	80m
Under 8	Boys	80m
Under 9	Girls	80m
Under 9	Boys	80m
Under 11	Girls	80m
Under 11	Boys	80m
Under 12	Girls	80m
Under 12	Boys	80m
Under 10	Girls	300m
Under 10	Boys	300m
Under 13	Girls	200m
Under 13	Boys	200m
Under 14	Girls	200m
Under 14	Boys	200m
Under 15	Girls	200m
Under 15	Boys	200m
Under 16	Girls	200m
Under 16	Boys	200m
Under 17	Girls	200m
Under 17	Boys	200m
Under 18	Girls	200m
Under 18	Boys	200m
Under 19	Girls	200m
Under 19	Boys	200m

Under 8	Girls	150m
Under 8	Boys	150m
Under 9	Girls	200m
Under 9	Boys	200m
Under 11	Girls	600m
Under 11	Boys	600m
Under 12	Girls	600m
Under 12	Boys	600m
Under 13	Girls	800m
Under 13	Boys	800m
Under 17	Girls	800m
Under 17	Boys	800m
Under 18	Girls	800m
Under 18	Boys	800m
Under 19	Girls	800m
Under 19	Boys	800m (Green)
Under 10	Girls	Relay (white)
Under 10	Boys	Relay
Under 12	Girls	Relay
Under 12	Boys	Relay
Under 14	Girls	Relay
Under 14	Boys	Relay
Under 16	Girls	Relay
Under 16	Boys	Relay
Under 18	Girls	Relay
Under 18	Boys	Relay

4 x 100 (White line)
4 x 400 (blue line)
800 – (green line)